

Initial Health Appointment Reference Guide for PCPs

What is the Initial Health Appointment?

The Initial Health Appointment (IHA) is a comprehensive assessment completed during the member's first visit with their selected or assigned primary care provider (PCP). The Department of Health Care Services (DHCS) requires that all newly enrolled members be offered and provided access to an IHA within the first 120 days of their enrollment date. The IHA must be provided in a way that is culturally and linguistically appropriate for the member. For members under the age of 21, the IHA should be offered within 120 days following the date of enrollment or within the most recent Bright Futures periodicity timelines, established by the American Academy of Pediatrics for ages 2 and younger, whichever is less.

Components of a Complete IHA

The IHA must be completed by the PCP within the primary care medical setting and include the following:

- Comprehensive history, which includes history of present illness, past medical history, social history and review of organ systems
- Assessing and identifying risks, age-appropriate preventive screenings, and referrals to appropriate services
- Comprehensive physical and mental status exam
- The diagnosis, health education and a plan for treatment of any disease

Identifying Members in Need of an IHA

Information is updated monthly on the MPM Web. This information is available on the eligibility lists received monthly. Providers are required to complete the IHA on each new member.

Codes for Documenting the IHA

- IHA completion is documented using Current Procedural Terminology (CPT) codes, listed in the provided table.
- The IHA is a preventive service, paid under current contract.
- In addition to submitting appropriate codes, make sure to document primary care visits, child and adult preventive services, referrals for screenings and labs in the member file.

Tips for Meeting the IHA Requirement

- Complete the IHA within 120 days of member's effective date with the health plan, and code for all applicable services.
- You may complete and code for the IHA as applicable during a sick visit.
- The IHA can be administered over the course of multiple visits, provided that all components are completed within 120 days.

What Provider Offices Need to Know

- Use standardized documentation to make it is easier to gather and track information.
- Send in complete and accurate CPT codes.
- Contact members shown on your monthly new member lists whom you have not yet seen. Document all outreach attempts to schedule the IHA in the member chart.
- If a member, parent, guardian or case worker submits a request for preventive services, an appointment must be made for a visit to take place within 10 working days.
- Members with unsuccessful IHA completions require a minimum of three documented outreach attempts. Examples could include a phone call, letter or postcard.

Code Type	CPT Codes	Code Description
Office Visit and Preventive	99202	Office Outpatient New 20 Minutes
	99203	Office Outpatient New 30 Minutes
	99204	Office Outpatient New 45 Minutes
	99205	Office Outpatient New 60 Minutes
	99211	Office Outpatient 5 Minutes
	99212	Office Outpatient 10 Minutes
	99213	Office Outpatient 15 Minutes
	99214	Office Outpatient 25 Minutes
	99215	Office Outpatient 40 Minutes
	99242	Office Consult New/Est. Pt. 30 Min
	99243	Office Consult New/Est. Pt. 40 Min
	99244	Office Consult New/Est. Pt. 60 Min
	99381	Initial Preventive Medicine New Pt. <1 Year
	99382	Initial Preventive Medicine New P.t Age 1-4 Years
	99383	Initial Preventive Medicine New Pt. Age 5-11 Years
	99384	Initial Preventive Medicine New Pt. Age 12-17 Years
	99385	Initial Preventive Medicine New Pt. Age 18-39 Years
	99386	Adult Preventive Visit New Pt. Age 40-64 Years
	99387	Adult Preventive Visit New Pt. Age 65+ Years
	99391	Periodic Preventive Med Est. Pt. <1 Year
	99392	Periodic Preventive Med Est. Pt. Age 1-4 Years
	99393	Periodic Preventive Med Est. Pt. Age 5-11 Years
	99394	Periodic Preventive Med Est. Pt. Age 12-17 Years
	99395	Periodic Preventive Med Est. Pt. Age 18-39 Years
	99396	Periodic Preventive Med Est. Pt. Age 40-64 Years
	99397	Periodic Preventive Med Est. Pt. Age 65+ Years
	99461	1 st Care PR Day NML NB XCPT Hosp/Birthing Center
ACEs Screening	G9919	ACEs Screening, High Risk
	G9920	ACEs Screening, Lower Risk
Health Assessment Depression	90832	PSYTX Pt. and Family 30 Min
	90837	PSYTX Pt. and Family 60 Min
	90853	Group Psychotherapy
	96156	Health BHV Assessment/Reassessment
	96164	Health BHV IVNTJ Group 1 st 30
	96165	Health BHV IVNTJ Group Each Additional
	96167	Health BHV IVNTJ Fam. 1 st 30
	96168	Health BHV IVNTJ Fam. Each Additional
	96170	Health BHV IVNTJ Fam. W/O Pt. 1 st
	96171	Health BHV IVNTJ Fam. W/O Pt. Each
	G8431	POS Clinic Depression Screening Follow Up
	G8510	Pt. INGELIG Neg Screening Depression
	H2000	Comprehensive Multidisciplinary Evaluation
Behavioral Assessment	69127	Brief Emotional/Behavioral Assessment
Vision and Hearing	92551	Office Outpatient New 20 Minutes
	92552	Office Outpatient New 30 Minutes
	Note: Vision Screening for children can also be billed with preventive codes (99381-99385 and 99391-99395)	

Code Type	CPT Codes	Code Description
Developmental Autism	96110	Developmental Screen
	96112	Developmental TST PHYS/QHP 1 st Hr.
	96113	Developmental TST PHYS/QHP Each Additional
Substance Abuse	80305	Drug Test PRSMV Dir. OPT O
	80306	Drug Test PRSMV Instrument
	80307	Drug Test PRSMV Chemical Analysis
	99406	Tobacco Use Cessation Intermediate 3-10 minutes
	99407	Tobacco Use Cessation Intensive >10 minutes
	G0442	Annual Alcohol Misuse Screening 15 minutes
	H0049	Alcohol and/or Drug Screening
	H0059	Alcohol and /or Drug Services, Brief Intervention, per 15 minutes
	Note: Tobacco use counseling can also be billed with preventive codes (99381-99381 and 99391-99397)	
CPSP (Perinatal)	Z1032	Initial Antepartum Office Visit
	Z6200	Initial Nutritional Assessment/Developmental; 30 minutes
	Z6202	Subsequent Nutritional Assessment/Developmental; each subsequent 15 minutes
	Z6300	Initial Psychosocial Assessment/Developmental first 30 minutes
	Z6400	New Client Orientation each 15 minutes
	Z6402	Initial Health Ed Assessment/Develop. 30 minutes
	Z6404	Subsequent Health Ed Assessment/Develop. 15 minutes
	Z6500	Initial Comprehensive Nutrition Psychosocial & Health Ed. Assessment & Develop. Care Plan
SNF EM	99304	Initial Nursing Facility Care/Day 25 minutes
	99305	Initial Nursing Facility Care/Day 35 minutes
	99306	Initial Nursing Facility Care/Day 45 minutes
	99341	Home Visit New Pt. Low Severity 20 minutes
	99342	Home Visit New Pt. Moderate Severity 30 minutes
	99344	Home Visit New Pt. High Severity 60 minutes
	99345	Home Visit New Pt. Unstable/Significant New Prob. 75 minutes
	99347	Home Visit Est. Pt. Self-Limited/Minor 15 minutes
	99348	Home Visit Est. Pt. Low-Moderate Severity 25 minutes
	99349	Home Visit Est. Pt. Moderate-High Severity 40 minutes